

**ST THOMAS ANGLICAN CHURCH**  
**Winnipeg, Manitoba 1567 William Ave W**  
204-775-1107 [st.thomas1567@gmail.com](mailto:st.thomas1567@gmail.com)  
**Social Media @stthomasweston**

*We acknowledge that we meet and work in Treaty 1, 2 and 3 Land, the traditional land of the Anishinaabe, Cree, Dakota, Sioux and Oji-Cree people and the homeland of the Metis Nation. We are grateful for their stewardship of this land and their hospitality which allows us to live, work and service God the Creator here.*

## March 6th, 2022 – Lent 1

### Welcome & Acknowledgement

(anything in **bold** we invite you to say with us)

### Opening Sentence –

We shall not live by bread alone, but by every word that proceeds from the mouth of God. Matthew 4.4

### Opening Hymn – #316 (CP) - New Songs of Celebration

Render

### The Gathering of the Community

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

### **And also with you**

Almighty God,  
**to you all hearts are open,**  
**all desires known,**  
**and from you no secrets are hidden.**  
**Cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name;**  
**through Christ our Lord. Amen.**

### The Collect of the Day

Let us pray

Almighty God, whose Son fasted forty days in the wilderness,

and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**Amen.**

### The Proclamation of the Word

#### 1<sup>st</sup> Reading- Deuteronomy 26:1-11

Hear what the Spirit is saying o y the church  
**Thanks be to God.**

#### The Psalm for the day -- Psalm 91:1-2, 9-16

You who live in the shelter of the Most High, who abide in the shadow of the Almighty,

**will say to the LORD, "My refuge and my fortress;  
my God, in whom I trust."**

Because you have made the LORD your refuge,  
the Most High your dwelling place,

**no evil shall befall you, no scourge come near  
your tent.**

For he will command his angels concerning you to guard you in all your ways.

**On their hands they will bear you up, so that you  
will not dash your foot against a stone.**

You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.

**Those who love me, I will deliver; I will protect those who know my name.**

When they call to me, I will answer them; I will be with them in trouble, I will rescue them and honor them.

**With long life I will satisfy them, and show them my salvation.**

Gracious God, in times of anxiety and stress, teach us to wait in quietness for your protection and defence, made known to us in Jesus Christ our Lord. **Amen**

2nd Reading -- Romans 10:8b-13

Hear what the Spirit is saying to the church  
**Thanks be to God**

Gradual Hymn #170 (CP) - The Glory of These Forty Days

The Gospel - Luke 4:1-13

The Holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you Lord Jesus Christ**

The Gospel of Christ.

**Praise to you Lord Jesus Christ**

Reflection -- 2022 Lenten Season

The Beatitudes Sermon Series  
Gospel Theme: Luke 4:1-13 The  
Temptation in the Wilderness

Beatitude - Mathew 5:5

“You’re blessed when you’re content with just who you are—no more, no less. That’s the moment you find yourselves proud owners of everything that can’t be bought.

Affirmation of Faith. -- The Apostles Creed

**I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.**

**On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

Prayers For the Community

Let us pray with confidence to the Lord, saying,  
“Lord hear  
our prayer.”

O Lord, guard and direct your Church in the way of  
unity, service, and praise.

**Lord, hear our prayer.**

Give to all nations an awareness of the unity of the  
human family.

**Lord, hear our prayer.**

Cleanse our hearts of prejudice and selfishness, and  
inspire us to hunger and thirst for what is right.

**Lord, hear our prayer.**

Teach us to use your creation for your greater  
praise, that all may share the good things you  
provide.

**Lord, hear our prayer.**

Strengthen all who give their energy or skill for the healing of those who are sick in body or in mind.  
**Lord, hear our prayer.**

Set free all who are bound by fear and despair.  
**Lord, hear our prayer.**

Grant a peaceful end and eternal rest to all who are dying, and your comfort to those who mourn.  
**Lord, hear our prayer.**  
**Amen**

### Confession & Absolution

Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
he welcomes sinners  
and invites them to his table.  
Let us confess our sins,  
confident in God's forgiveness.

Most merciful God,  
**All we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord.  
**Amen.**

### The Peace

The peace of the Lord be always with you.  
**And also with you.**

### The Prayer Over the Gifts

God our refuge and our strength,  
receive all we offer you this day,  
and through the death and resurrection of your  
Son  
transform us to his likeness.  
We ask this in his name.

### Eucharistic Prayer 3

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

Blessed are you, gracious God,  
creator of heaven and earth,  
because you bid your faithful people  
to cleanse their hearts  
and to prepare with joy for the paschal feast;  
that reborn through the waters of baptism  
and renewed in the eucharistic mystery,  
we may be more fervent in prayer  
and more generous in the works of love.  
Therefore we raise our voices to you in praise  
to proclaim the glory of your name.

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We give thanks to you, Lord our God,  
for the goodness and love  
you have made known to us in creation;  
in calling Israel to be your people;  
in your Word spoken through the prophets;  
and above all in the Word made flesh,  
Jesus your Son.

For in these last days you sent him  
to be incarnate from the Virgin Mary,  
to be the Saviour and Redeemer of the world.

In him, you have delivered us from evil,  
and made us worthy to stand before you.  
In him, you have brought us  
out of error into truth,  
out of sin into righteousness,  
out of death into life.  
On the night he was handed over  
to suffering and death,

a death he freely accepted,  
our Lord Jesus Christ took bread;  
and when he had given thanks to you,  
he broke it, and gave it to his disciples,  
and said, " Take, eat:

this is my body which is given for you.  
Do this for the remembrance of me."  
After supper he took the cup of wine;  
and when he had given thanks,  
he gave it to them,

and said, "Drink this, all of you:  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me."

Therefore, Father, according to his command,

**we remember his death,  
we proclaim his resurrection,  
we await his coming in glory;**

and we offer our sacrifice  
of praise and thanksgiving  
to you, Lord of all;  
presenting to you, from your creation,  
this bread and this wine.

We pray you, gracious God,  
to send your Holy Spirit upon these gifts,  
that they may be the sacrament  
of the body of Christ  
and his blood of the new covenant.

Unite us to your Son in his sacrifice,  
that we, made acceptable in him,  
may be sanctified by the Holy Spirit

In the fullness of time,  
reconcile all things in Christ,  
and make them new,  
and bring us to that city of light  
where you dwell with all your sons and daughters;  
through Jesus Christ our Lord,  
the firstborn of all creation,  
the head of the Church,  
and the author of our salvation;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory are yours, almighty Father,  
now and for ever. **Amen.**

#### The Lord's Prayer

Awaiting his coming in glory  
and gathering our prayers and praises into one,  
As our Saviour taught us,  
we invite you pray in the language your heart loves  
best,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.**

#### The Breaking of the Bread

We break this bread,  
**All Communion in Christ's body once broken.**

Let your Church be the wheat  
which bears its fruit in dying.  
**If we have died with him,  
we shall live with him;  
if we hold firm,  
we shall reign with him.**

The Communion -

The Gifts of God for the People of God  
**Thanks be to God**

Prayer after Communion

Faithful God,  
in this holy bread  
you increase our faith and hope and love.  
Lead us in the path of Christ  
who is your Word of life.  
We ask this in his name.

Doxology

Glory to God,  
  
**whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.**

Closing Hymn – #371 (CP) - To God Be the Glory

The Dismissal

The Lord bless us and keep us. The Lord make his  
face shine on us and be gracious to us. The Lord  
look upon us with favour and grant us peace.  
**Amen.**